**PRACTICE**

Elizabeth was a very pretty girl whose parents were rich. There were a lot of the young men in the town who wanted to marry her, and were not bad suitors at all, but she was not satisfied with any of them.

One evening, one of the most good-looking young men who wanted to marry Elizabeth came to visit her in her parents' house and asked her to become his wife. She answered:



'No, William, I won't marry you. I want to marry a man who is famous, who can play music, sing and dance very well, who can tell really interesting stories,-who does not smoke or drink, who stays at home in the evenings and who stops talking when I'm tired of listening.'

The young man got up, took his coat and went to the door, but before he left the house, he turned and said to Elizabeth, 'It isn't a man you're looking for. It's a television set.'

A.- Answer these questions (write complete sentences)

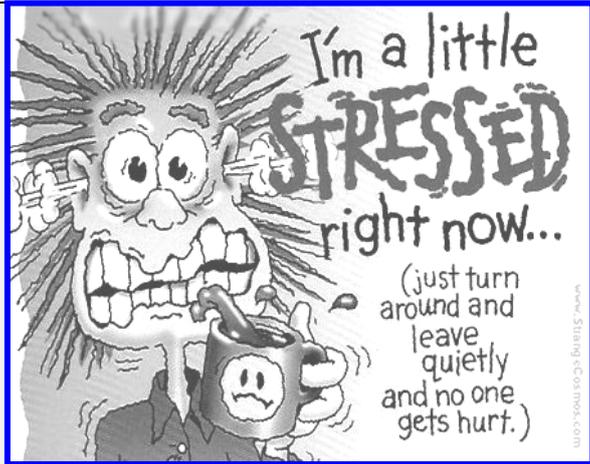
- 1.- Did Elisabeth want to marry?
- 2.- What kind of husband did she want?
- 3.- Why wasn't she satisfied with any of the men who wanted to marry her?
- 4.- What did the young man who came to visit her think?
- 6.- Would you consider Elisabeth a demanding and selfish person?

B.- Find all the sentences in the story that contain a relative pronoun and underline them

A. Complete each sentence by writing who, whom, which or that in the blank. If the relative pronoun is not necessary, put parentheses around it.

1. TV programs _____ are on late at night are for adults.
2. Anyone _____ watches TV all the time should probably read more.
3. I have neighbours _____ I do a lot of things with.
4. My friend _____ is a private detective has talked with many famous people.
5. The clothes _____ I like to wear are old and comfortable.
6. Anything _____ the public can give to the disaster victims will be appreciated.
7. Please tell the secretaries _____ were working at their computers that we need to meet as soon as possible.
8. Should I buy the coat _____ my husband likes?
9. Federico has never had a job _____ he enjoys.
10. Doesn't he understand that he shouldn't talk to people _____ he doesn't know?

STRESS



Stress

Stress is a fact of life in the modern world. Many people have lifestyles that do not allow enough time for the rest and relaxation necessary for good mental and physical health. Because these people do not relax, they feel pressure and tension. These affect both the mind and the body in important ways.

a) Mental Effects

People who are stressed out usually cannot think clearly or concentrate well. They become less efficient, even though they may work harder than before. Workers who feel stress often spend many extra hours in the office doing work that they have to repeat. They may feel angry or lose patience with other workers who are only trying to do their jobs. They may feel that other people are causing problems for them. They may not take responsibility for the mistakes which they make.

b) Physical Effects

Stress has physical as well as mental effects. Common health problems that stress can cause include headaches, backaches, and stomachaches.

People who are feeling stress can experience changes in blood pressure, have bad digestion, or even get ulcers. Some people feel exhausted all the time, while others have trouble falling asleep at night.

c) Controlling Stress

Experts agree that people who feel a lot of stress need to learn to control it. The steps they recommend include getting regular exercise, eating a healthful diet, and learning relaxation techniques. People can reduce the amount of stress they feel when they learn these healthful habits.

EXERCISES:

- 1.- Translate the text
- 2.- Identify and copy the relative clauses in the text.

3.- Writing.- Speaking (pairwork)

Complete these sentences with names of nouns and relative pronouns. Then compare your answers with your partner's and check how much you have in common.

- 1.- _____ is the subject _____ I like most
- 2.- _____ is the subject _____ I don't like at all.
- 3.- _____ is the book _____ I have just finished.
- 4.- _____ is the person _____ I adore most.
- 5.- _____ is the place _____ I want to go on holidays
- 6.- A (n) _____ is the animal _____ I'd like to have as a pet
- 7.- _____ is the last film _____ I have seen.